

# Sofia Ristorante

## Lunch Menu

158 Main Street Hudson, MA 01749

978-562-1221

[www.sofiaristorante.com](http://www.sofiaristorante.com)

### Appetizers

Bruschetta – tomatoes, fresh basil and olive oil	8.00
Italian sausage with lentils	10.50
Prosciutto di Parma & mozzarella	14.50
Antipasto Toscano-assorted Italian cold cuts and cheese	11.50
Shrimp with white beans in tomato sauce	12.00

### Soup

Pasta e fagioli bowl	7.00
Pasta e fagioli cup	5.50
Minestrone bowl	7.00
Minestrone cup	5.50
Lentils bowl	7.00
Lentils cup	5.50

### Salads

House salad – mixed greens, carrots and tomato	7.00
Gorgonzola salad – greens, walnuts and tomato	9.50
Caprese – greens, mozzarella and tomato	9.50
Tuna salad – greens, carrots, walnuts and tomato	9.50
Cranberry chicken – greens, carrots and tomato	9.50
Grilled chicken salad with mixed greens	10.50
Broiled fresh Salmon salad with mixed greens	16.00
Shrimp salad with mixed greens	12.00

**Sandwiches served with  
homemade fries or salad**

Chicken parmesan	9.50
Veal parmesan	12.00
Meatball parmesan	9.50
Eggplant parmesan	9.50
Tomato & mozzarella	9.50
Tuna salad	9.50
Cranberry chicken	9.50
Italian sausage	9.50
Grilled chicken with fresh tomato	10.50

**Pasta Dishes served with  
side salad**

**Organic Gluten free pasta  
available**

Homemade lasagna	13.50
Spaghetti with meat sauce	13.50
Rigatoni broccoli and chicken alfredo	14.50
Spaghetti with meatballs	13.50
Spaghetti with tuna	14.50
Spaghetti with garlic and oil	12.50
Spaghetti with tomato and basil	12.50
Penne pasta with shrimp and zucchini	15.50

**Entrees served with  
linguine pasta and side  
salad**

Chicken parmesan	13.50
Veal parmesan	16.00
Eggplant parmesan	13.50
Italian sausage	13.50
Chicken breast with mushroom cream sauce	13.50
Chicken breast with vegetable sauce	13.50
Veal with lemon sauce and capers	16.00
Veal with white wine	16.00
Assorted grilled vegetables	13.50

~Consuming raw undercooked meats, poultry, seafood or eggs may increase your risk of food borne illness, especially if you have certain medical conditions~

~Before placing your order, please inform your server if a person in your party has a food allergy~